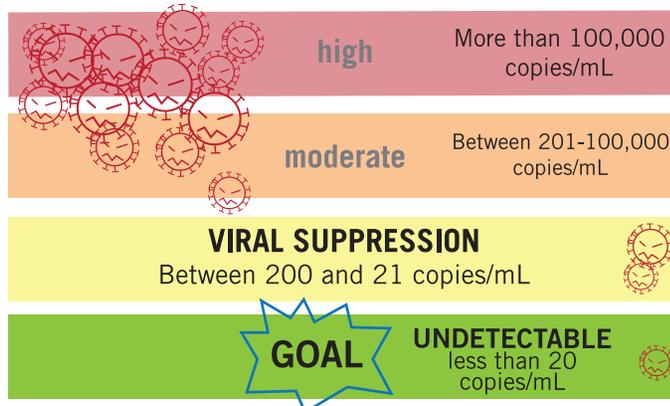


what's your score?

Viral Load



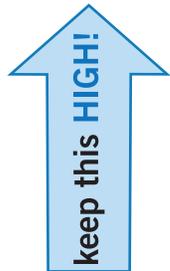
Write Your # Here

copies/mL

VIRAL LOW-D KEEP IT LOW

Viral load measures how much virus is in your blood.

CD₄ (T-CELL)



Write Your # Here

cells/mm³

CD4 white cells or T-CELLS fight off disease in your body. The more you have, the stronger your immune system is.

best

GOAL

501-1000

low

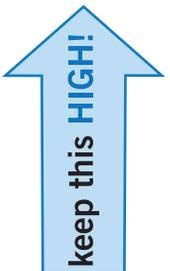
201-500

AIDS

200 OR LESS

CD₄ — WE WANT MORE!

CD₄ percent



Write Your # Here

%

CD4 percent shows how many CD4 cells you have compared to your other T-cells. It shows how strong your immune system is.

normal

GOAL

26% AND UP

low

14-25%

AIDS

LESS THAN 14%