

Everything you need to know about

# Naloxone

## How to respond to an overdose



Naloxone, also known as Narcan, is used to reverse an opioid overdose. When a person overdoses on opioids, their breathing slows down which can lead to death. Naloxone helps the person wake up and continue breathing within 5 minutes. This allows time for EMS to arrive.

## How to respond to an overdose

**Call 911** Say the person isn't breathing/is struggling to breathe and provide the exact location of the victim.

**Administer naloxone: Intranasal** A bystander can safely and legally spray naloxone into the nose.

If they don't revive, give a second dose of naloxone.

**Stay with the person** If you must leave them alone, put them in the "recovery position" by rolling them onto their side. This will keep them from choking if they begin vomiting.

They will wake up in withdrawal from opioids due to the naloxone and should not be allowed to re-use opioids. They will probably not realize that they overdosed.

Call 911 if you can't revive the person by shaking them or calling their name

## Signs of an overdose

- The person is unresponsive
- Slow heart rate: not breathing or breathing less than 10 breaths a minute
- Muscle twitching
- Blue or gray lips and fingernails
- May be making loud uneven gurgling sounds

**Do not** inject the person with anything. Salt, milk or other drugs do not work against the heroin and can cause more harm.

**Do not** put them under the shower.

## How to administer Narcan

1. Remove yellow cap from top and bottom of the plastic tube.
2. Remove plastic cap from vial of Narcan and screw the vial into bottom of tube.
3. Screw atomizer on. Spray half the vial into each nostril by pushing vial up through tube.



Narcan kit contents



Completed Narcan kit



1



2



2



3

## Where can I get naloxone?

The Health Department has standing order so that anyone can pick up Naloxone from the **University Medical Center Outpatient Pharmacy** on the first floor, near the Atrium at 2000 Canal St, New Orleans, LA 70112.

**For more information call 504-658-4748**